

Community Resources

Organization	Address or website	Phone Number	Address	Subject	Notes
Advocacy Office for Children and Families	www.state.il.us/DCFS/docs/AdvocBro.pdf	1-800-232-3798		Advocate	Questions and concerns regarding child welfare, including post adoption and subsidized guardianship services (DCFS)
Community Alternatives Unlimited	www.cau.org	1-773-867-4000	8765 West Higgins Road Suite 300 Chicago, IL 60631	Advocate	Case management service for developmentally disabled individuals. They link individuals to the services needed. Serves Rolling Meadows area. Free to families.
Patient Advocate Foundation	www.patientadvocate.org	1-800-532-5274		Advocate	Free liaison service between patient and their insurer, employer +/or creditors to resolve issues. Online Resources Guidebook. No direct financial assistance.
AgeOptions	www.ageoptions.org	1-800-699-9043	Check website for local contact information	Career/Jobs/ Training	Senior Community Service Employment Program agency (paid training if meet req., 55+)
Career Center Board at Rolling Meadows Library	www.rmlib.org	1-847-259-6050	Rolling Meadows Library 3110 Martin Lane Rolling Meadows, IL 60008	Career/Jobs/ Training	Job listings and career guidance information. Library also has a careers collection and employment links on their website.
Community Career Services-Harper College	http://goforward.harpercollege.edu	Career Center: 1-847-925-6220	Student Center, Building A, Rm. A347 Harper College 1200 West Algonquin Rd. Palatine, IL 60067	Career/Jobs/ Training	Comprehensive full-service center that educates, assists and guides individuals with career exploration and planning
Employ the Future	www.employthefuture.org			Career/Jobs/ Training	Job search site for those 21 and under. Features connections to local employers in the North and NW Cook Co. suburbs.

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Illinois Department of Employment Security	www.ides.state.il.us	1-847-981-7400	723 W. Algonquin Road Arlington Heights, IL 60005	Career/Jobs/ Training	State Agency, provides Illinois Skills Match, a no-cost internet based job matching system
Illinois WorkNet Center	http://ah.worknetncc.com	1-847-981-7400	723 West Algonquin Rd. Arlington Heights, IL 60005	Career/Jobs/ Training	Access to services through network of organizations for job seekers and business. Service Providers Directory on website.
Illinois WorkNet Center- Young Adult Services	http://ah.worknetncc.com	1-847-981-7400 ext.79720	Illinois workNet Center 723 W. Algonquin Road Arlington Heights, IL 60005	Career/Jobs/ Training	Career, job, education and training services for 14-21 yr. olds
Action for Children Child Care Resource & Referral	www.actforchildren.org	1-312-823-1100	Action for Children Child Care Resource & Referral 8741 S. Greenwood Ave. Chicago, IL 60608	Child/Teen Services	Child care resource and referral provider for IL. Dept. of Human Services
Advocacy Office for Children and Families	www.state.il.us/DCFS/docs/AdvocBro.pdf	1-800-232-3798		Child/Teen Services	Questions and concerns regarding child welfare, including post adoption and subsidized guardianship services
ALL KIDS (IL Dept. of Healthcare and Family Services)	www.allkids.com	1-866-255-5437		Child/Teen Services	Comprehensive low cost coverage for uninsured children in IL
Child Abuse Hotline		1-800-252-2873		Child/Teen Services	Report suspected child abuse and neglect (DCFS)
Child and Family Connectons (CFC6)- Early Intervention	www.clearbrook.org	1-847-385-5335	1835 W Central Rd. Arlington Heights, IL 60005	Child/Teen Services	Evaluate and help children, 0-3, with disabilities and delays. Free Evaluation, sliding scale fees.
Employ the Future	www.employthefuture.org			Child/Teen Services	Job search site for those 21 and under. Features connections to local employers in the North and NW Cook Co. suburbs.

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Harbour Inc.	www.theharbour.org	1-847-297-8540	1440 renaissance Drive Suite 240 Park Ridge, IL 60068	Child/Teen Services	For homeless, runaway, neglected 12-21 yr. old girls in NW suburbs. Offer emergency shelter, transitional living, independent living. Accept pregnant and parenting young women.
Illinois Child Support Enforcement (under HFS)	www.ilchildsupport.com	1-800-447-4278		Child/Teen Services	Information and assistance in obtaining child support
Illinois Department of Children and Family Services	www.state.il.us/dcfs	Chicago office:1-312-814-6800 (Helpline and hotline numbers on website)	Chicago Headquarters 100 West Randolph Street 6-200 Chicago, IL 60601	Child/Teen Services	Information on child protection, foster care, adoption, day care licensing and other DCFS services
Illinois Department of Healthcare and Family Services	www.hfs.illinois.gov	Springfield: 1-217-782-1200	IL. Dept. of Healthcare and Family Services 201 South Grand Ave. East Springfield, IL 62763	Child/Teen Services	Provides access to healthcare coverage and child support enforcement
Illinois Division of Specialized Care for Children (UIC)	www.uic.edu/hsc/dscc	1-773-444-0043		Child/Teen Services	Care coordination for families and children with special health needs
Illinois WorkNet Center- Young Adult Services	http://ah.worknetncc.com	1-847-981-7400 ext.79720	Illinois workNet Center 723 W. Algonquin Road Arlington Heights, IL 60005	Child/Teen Services	Career, job, education and training services for 14-21 yr. olds
Maryville Academy	www.maryvilleacademy.org	1-847-294-1999	1150 North River Road Des Plaines, IL 60016	Child/Teen Services	Range of programs including residential programs, behavioral and mental health services, family support services, secondary and special education, and community development programs.
Maryville Children's Healthcare Center	www.maryvilleacademy.org	1-773-205-3606	4015 North Oak Park Ave. Building B Chicago, IL 60634	Child/Teen Services	Provides transitional and respite care for medically fragile and technology dependent children
Maryville Crisis Nursery	www.maryvilleacademy.org	1-773-205-3600	4015 North Oak Park Ave. Building B Chicago, IL 60634	Child/Teen Services	24/7 Temporary Emergency Child Care Shelter for newborns- 6yr, family support

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Maternal Child Health Case Management Program (MCH)	www.firmancs.org	1-847-222-1200	1855 Rohlwing Road, Suite A Rolling Meadows, IL 60008	Child/Teen Services	Assist pregnant women and infants up to one year. Scheduling and referrals to healthcare and other services. All services free for those qualifying.
Northwest Community Hospital- Mental Health Services	www.nch.org/medical-services/mental-health/index.php	1-847-618-4100		Child/Teen Services	Resources and support for wide range of psychiatric, emotional, substance abuse and other mental health problems- adults and adolescents
PHD (Society for the Preservation of Human Dignity)	www.sphd.org	1-847-359-4919	PHD 37 North Plum Grove Road Palatine, IL 60067	Child/Teen Services	Counseling and support for women and families facing pregnancy and parenting
Promotoras de Salud's spanish classes from Northwest Community Hospital		Hubs: 1-847-506-4930 (Mt. Prospect) 847-776-9500 x 0 (Palatine)	Hubs: Community Connections Center 1711 W. Algonquin Mt. Prospect, IL or Palatine Opportunity Center 1585 N. Rand Road Palatine, IL	Child/Teen Services	Monthly Spanish classes: "Well Child" "Nutrition, Diabetes, and Health" "Healthy Relationships"
SASS CARES for KIDS	www.hfs.illinois.gov/sass/hfs3838.html	1-800-345-9049	Illinois Department of Healthcare and Family Services	Child/Teen Services	Serves children experiencing a mental health crisis
Shelter, Inc.	www.shelter-inc.org	1-847-255-8060	1616 N. Arlington Hts. Rd Arlington Heights, IL 60004	Child/Teen Services	Emergency housing for children and adolescents. Foster care, group homes, healthy families program.
The Bridge Youth and Family Services	www.bridgeyouth.org	1-847-359-7490	721 South Quentin Road Suite 103 Palatine, IL 60067	Child/Teen Services	Counseling, mentoring and education to youth, teens, and families, including crisis intervention (All services for Palatine Township, Crisis Intervention serves 6 townships)

Community Resources

Youth Center at Northwest Comm. Hospital	www.nch.org/medical-services/youth-center/index.php	1-847-618-2700	Youth Center Northwest Community Hospital 901 w. Kirchoff Road 3rd Floor, Building 7 Arlington Heights, IL 60005	Child/Teen Services	Comprehensive alcohol and drug assessment at no cost, charge for treatment, provide financial counselor
Youth Services Elk Grove Township	www.elkgrovetownship.com	1-847-981-0373	401 W. Golf Road Mt. Prospect, IL 60056	Child/Teen Services	Counseling services, programs, community education and resource referral for township youth
District 214- U.S. Citizenship Test Prep.		1-847-718-7730 1-847-718-7911 (Sp.)	Various locations	Citizenship/Immigration	Free classes, small materials fee, practice citizenship interview
Harper College Adult Educ. Dept.-Citizenship classes	call for information	1-847-925-6015	held at various locations	Citizenship/Immigration	Free Citizenship Classes
Immigrant Family Resource Program	http://icirr.org/en/oi	1-877-537-7460		Citizenship/Immigration	Partnership between IL. Agencies and Illinois Coalition for Immigrant and Refugee Rights. Inform immigrants about public benefits and services available.
Literacy/ESL Board at Rolling Meadows Library	www.rmlib.org	1-847-259-6050	Rolling Meadows Library 3110 Martin Lane Rolling Meadows, IL 60008	Citizenship/Immigration	Provides information we've received on area programs for ESL/Literacy and Citizenship programs
New Americans Initiative (NAI)	www.newamericans-il.org	1-312-332-7360		Citizenship/Immigration	Non-profit partnership between State of IL. And Illinois Coalition for Immigrant and Refugee Rights. Services directory listing agencies and attorney referral lists. Citizen Workshops. Free assistance.

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Bridge Youth and Family Services	www.bridgelyouth.org	1-847-359-7490	721 South Quentin Road Suite 103 Palatine, IL 60067	Counseling	Counseling, mentoring and education to youth, teens, and families, including crisis intervention (All services for Palatine Township, Crisis Intervention serves 6 townships)
Holbrook Center for Counseling and Psychotherapy (Through Catholic Charities, Northwest region)	www.catholiccharities.net/holbrook	1-312-655-7725	Check website for locations	Counseling	Therapy for individuals and families for emotional, behavioral, and relationship issues. Sliding scale fees.
Maternal Child Health Case Management Program (MCH)	www.firmancs.org	1-847-222-1200	1855 Rohlwing Road, Suite A Rolling Meadows, IL 60008	Counseling	Assist Pregnant women and infants up to one year. Scheduling and referrals to healthcare and other services. All services free for those qualifying.
PHD (Society for the Preservation of Human Dignity)	www.sphd.org	1-847-359-4919	PHD 37 North Plum Grove Road Palatine, IL 60067	Counseling	Counseling and support for women and families facing pregnancy and parenting
Response Teen Clinic	www.responsecenter.org	1-847-955-9313	Northwest region: 16595 Easton Ave. Prairie View, IL 60069	Counseling	Support for teens and their families through counseling and sexual health services in teen friendly environment. (Jewish Federation of Metro.Chicago program)
Salvation Army Family Services, suburban counseling center	www.salvationarmyusa.org	1-847-392-0265 (AH)	1616 N. Arlington Hts. Rd Arlington Heights, IL 60004	Counseling	Counseling, limited financial help, employee assistance
IL. Attorney General-Illinois Crime Victims Compensation Program	www.illinoisattorneyGeneral.gov/victims/index.html	1-800-228-3368		Crime Victims	Financial assistance for victims. Counseling, medical, etc.
Northwest Center Against Sexual Assault Hotline	www.nwcasa.org	847-806-6526 (24 hr. hotline-888-802-8890) 847-806-6526	415 West Golf Road Suite 47 Arlington Hts, IL 60005	Crime Victims	crisis intervention, counseling, and advocating for survivors in N.&NW suburbs

Community Resources

Anixter Center	www.anixtercenter.org	1-847-472-9355	Anixter Center North 1699 Wall Street, Suite 105 Mount Prospect, IL 60056	Disabilities	Education, employment, housing support, life skills management, health care, counseling and more for adults and children with disabilities
Autism Program of Illinois (TAP)	www.theautismprogram.org	1-217-525-8332 (Springfield)	5220 S. 6th Street Rd. Suite 1700 Springfield, IL 62703	Disabilities	Statewide network of services for individual with Autism Spectrum Disorder and their families
Disabilityworks	www.disabilityworks.org	1-312-494-6714	Chicagoland Chamber of Commerce 200 E. Randolph Street, Suite 2200 Chicago, IL 60601	Disabilities	Website has list of service providers that provide job placement and career counseling services to people with disabilities
Illinois Dept. of Human Services	www.dhs.state.il.us	1-800-843-6154		Disabilities	State's lead agency serving persons with disabilities. Work one on one with individuals who have disabilities and their families so they reach education, employment and living goals.
Little City Foundation	www.littlecity.org	1-847-358-5510	1760 West Algonquin Road Palatine, IL 60067	Disabilities	Comprehensive services and programs for children and adults with autism and other intellectual and developmental disabilities
Maryville Children's Healthcare Center	www.maryvilleacademy.org	1-773-205-3606	4015 North Oak Park Ave. Building B Chicago, IL 60634	Disabilities	Provides transitional and respite care for medically fragile and technology dependent children
Northwest Special Recreation Association	www.nwsra.org	1-847-392-2848	Park Central 3000 W. Central Road, Suite 205 Rolling Meadows, IL 60008	Disabilities	Ext. of 17 park districts in the NW suburbs of Chicago, providing recreation services to children and adults with disabilities

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PIFFA- Pay It Forward For Autism	www.PIFFA.org		PIFFA Pay It Forward for Autism 836 S. Arlington Hts.Rd. Suite 162 Elk Grove Village, IL 60007	Disabilities	Educate and empower parents and the community about autism
Between Friends (Court Advocacy Program- Order of Protection)	www.betweenfriendschicago.org	1-847-818-8900 crisis line: 1-800-603-4357	Rolling Meadows Courthouse 2121 Euclid Ave., Rm. 036 Rolling Meadows, IL 60008	Domestic Violence	24 hr. Crisis Line, Counseling and Court Advocacy, Legal Clinic, Order of Protection Assistance
Chicago Mayor's Office Domestic Violence Help Line		1-877-863-6338		Domestic Violence	State wide help line
Domestic Violence Legal Clinic (Domestic Violence Courthouse for Chicago)		1-312-325-9155	555 West Harrison St., Chicago,60607	Domestic Violence	free services, orders of protection
IL. Attorney General- Domestic Violence and Sexual Assault Services Directory	www.IllinoisAttorneyGeneral.gov/dvsa	Chicago Main Office 1-312-814-3000	IL. Attorney General Chicago Main Office 100 w. Randolph St. Chicago, IL 60601	Domestic Violence	statewide domestic violence programs
Illinois Coalition Against Domestic Violence	www.ilcadv.org	1-877-863-6338 (Illinois Domestic violence 24 hour Help Line)		Domestic Violence	Website provides links and contact information for area programs to help victims of domestic violence
Illinois DCFS Child Abuse Hotline	www.state.il.us/dcfs	1-800-252-2873		Domestic Violence	
Illinois Department on Aging Elder Abuse Hotline	www.state.il.us/dcfs	1-866-800-1409		Domestic Violence	
Lifespan	www.life-span.org	847-824-0382		Domestic Violence	Counseling and legal services
National Domestic Violence Hotline	www.ndvh.org	800-799-7233		Domestic Violence	24/7 crisis intervention, info and referral to victims, friends, perpetrators and family. Nonprofit org.

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Promotoras de Salud's spanish classes from Northwest Community Hospital		Hubs: 1-847-506-4930 (Mt. Prospect) 847-776-9500 x 0 (Palatine)	Hubs: Community Connections Center 1711 W. Algonquin Mt. Prospect, IL or Palatine Opportunity Center 1585 N. Rand Road Palatine, IL	Domestic Violence	Monthly Spanish classes: "Well Child" "Nutrition, Diabetes, and Health" "Healthy Relationships"
Safe from the Start	http://ivpa.org/funded-programs/safe-from-the-start	1-312-814-1704	Website lists implementation sites with their contact information	Domestic Violence	Programs for 0-5 yr. olds who witnessed abuse or domestic violence
WINGS (Women in Need Growing Stronger)	www.wingsprogram.com	1-847-519-7820	P.O. Box 95615 Palatine, IL 60095	Domestic Violence	Comprehensive care and support for homeless or abused women and women with children
WINGS Safe House	www.wingsprogram.com	1-847-221-5680		Domestic Violence	Emergency shelter and transitional housing for women and children
50 Plus Computer Learning Center	www.50pluscomputers.org	1-847-991-1112	Classes at: CCSD 15 Administration Bldg. 580 First Bank Drive Palatine, IL 60067	Education	Hands on computer classes for seniors using trained volunteers. Fee for classes. Registration mailed to separate address.
Bridge to Career Technical Trades- High School District 214 Community Education	www.d214.org/community_education	1-847-718-7876	Forest View Educ. Center 2121 S. Goebbert Road Arlington Heights, IL 60005	Education	Program to improve reading, math and language skills while learning workplace vocabulary and researching occupations
Family Education Program- District 214		English:1-847-718-7729 Spanish:1-847-718-7722	District 214 Community Education Forest View Educational Center 2121 S. Goebbert Road Arlington Heights, IL	Education	Federally funded family literacy program
Harper College	www.harpercollege.edu	1-847-925-6707	Harper College 1200 W. algonquin Road Palatine, IL 60067	Education	Lifelong Learning Institute, ESL, GED, Women's Program (economic need), Child Learning Center, and more

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Harper College Toastmasters	email: mmedhdi@harpercollege.edu		Harper College 1200 W. algonquin Road Palatine, IL 60067	Education	Improve speaking and presentation skills. Contact by email for current info.
High School District 211 Community Education	www.d211.org/continuinged.shtml	1-847-755-6820	held at various locations	Education	Information on GED, Citizenship prep, Alternative H.S., literacy and ESL. Classes for personal and professional enrichment. Check current catalog
High School District 214 Community Education	www.d214.org/community_education	1-847-718-7700	held at various locations	Education	Cont. education classes, ESL, Family Literacy, Read to Learn, GED, Constitution Test Rev., Cultural and Performing Arts, Day Trips and travel tours, Spanish GED offered
Illinois State Board of Education	www.isbe.state.il.us	1-866-262-6663		Education	Provides information and resources related to education, including school report cards, homeschooling and special needs
Institute for Continued Learning Roosevelt Univ.	http://iclru.org	1-224-523-6497	ICLRU Center Room 316 1400 N. Roosevelt Blvd. Schaumburg, IL 60173	Education	Continuing education for those over 50. Study groups and cultural activities. Yearly membership fee-\$110, add. fees for special events
Literacy/ESL Board at Rolling Meadows Library	www.rmlib.org	1-847-259-6050	Rolling Meadows Library 3110 Martin Lane Rolling Meadows, IL 60008	Education	Provides information we've received on area programs for ESL/Literacy and Citizenship programs
Online GED study- High School District 214 Community Education	www.ged-i.org	847-718-7798		Education	Online GED program

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Read to Learn (District 214)	www.readtolearn.org	1-847-718-7724	Various locations	Education	Reading instruction for adults with limited English proficiency. One to one with trained volunteer, prof. site supervisor
Skill Builders- Customized Computer Training (HS District 214)	www.ce214.org	1-847-718-7798	High School District 214 Community Educator 2121 S. Goebbert Rd. Arlington Hts., IL 60005	Education	Customized Computer Training for companies. Fee.
Take the First Step (Teen parenting in District 214)		1-847-718-5713 1-847-951-4853 (cell)	Joanne Bratta Rolling Meadows High School 2901 Central Road Rolling Meadows, IL 60008	Education	Teen parenting program of District 214, provides information on pregnancy, labor and delivery, and parenting. Provides free taxi services to classes and babysitting.
University of Illinois Extension	www.urbanext.uiuc.edu	1-708-481-0111	N.E. Region Office 4801 Southwick Drive, Suite 100 Matteson, IL 60443	Education	Provides a wide variety of programs and information for Illinois residents, families, and communities. Offers Spanish language programming
Women and Children's Center) (Forest View Educational Center		Spanish: 847-718-7722 or 847-718-7911 English: 847-718-7953	Forest View Educ. Center Room A205 2121 S. Goebbert Road Arlington Heights, IL 60005	Education	ESL program, parent/child reading, early childhood educ. Classes
Workplace Skills enhancement Program (HS District 214)	rhonda.serafin@d214.org	1-847-718-7719	High School District 214 Community Educator 2121 S. Goebbert Rd. Arlington Hts., IL 60005	Education	Provide customized training programs for companies includes ESL, GED, Citizenship, writing and math services. Fee.
Catholic Charities Community Development and Outreach Services (Daily Luncheon Program)	www.catholiccharities.net	1-847-797-5354	call for info.	Food	Arlington Heights Senior Center is a location, for seniors and register at the center, low cost

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Catholic Charities North/Northwest Regional Services Emerg. Assistance Program Food Pantry	www.catholiccharities.net	1-847-376-2100	1717 Rand road Des Plaines, IL 60016	Food	Provides four days of food until person can connect with another food resource
Community Nutrition Network (Meals on Wheels)	www.cnnssa.org	1-312-207-5290	various locations	Food	Call to find your area's agency (Rolling Meadows- Catholic Charities NW Senior Services- 847-253-5500)
Elk Grove Township Food Pantry	www.elkgrovetownship.com	1-847-437-0300	2400 S. Arlington Heights Rd. Arlington Heights, IL 60005	Food	Township residents can receive food up to six times/yr. ID required.
High School District 214 Community Education (SNAP- Supplemental Nutritional Assistance Program)	www.d214.org/community_education	1-847-718-7925		Food	Assistance, by appointment, with requests for food stamps
Palatine Township Food Pantry	www.palatinetownship.com/foodpantry.htm	1-847-358-6121	721 south Quentin Road Palatine, IL 600067	Food	Serves senior citizens, disabled and low income ind. And families that reside in township with non-perishable food on a monthly basis.
Schaumburg Township Food Pantry	www.schaumburgtownship.org/services.htm	847-884-0030	One Illinois Blvd. Hoffman Estates, IL 60169	Food	Open by appointment. For Schaumburg Township residents, ID req., 1/6-8wks
Suppers for the Hungry and Homeless- Catholic Charities, Northwest Regional Services	www.catholiccharities.net	1-847-376-2118 or 847-376-2112	1717 Rand Rd. Des Plaines, IL. 60016	Food	Held every Tuesday and Thursday
Bread of Life Food Pantry	www.bethelutheran.org	1-847-397-4372	3839 W. Frontage Road Palatine, IL 60067	Food	Held every Fri. from 10-1. Sponsored by Living Faith Church and Bethel Lutheran Church and held in Bethel's Social Hall. Service area includes Rolling Meadows.
Harvest Bible Chapel-Food Pantry		1-847-398-7005	1051 Rohlwing Rd. Rolling Meadows, IL 60008	Food	Open to all RM residents, 10- 12 every Sat., need ID since USDA program

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Willow Creek Food Pantry	www.willowcreek.org/foodpantry	1-847-882-3663	(In the Bright Hope Building) 2080 Stonington Ave. Hoffman Estates, IL 60169	Food	Anyone can come once/mo. for week's worth of groceries, once/wk. for bread. ID and proof of address req.
Access at Northwest Community	www.accesscommunityhealth.net	1-847-342-1554	675 W. Central Rd. Suite 101 Arlington Heights, IL 60005	Health	Community health care for low-income residents of Arlington Hts and surrounding communities. Check website for other locations.
Access to Care	www.accesstocare.org	1-708-531-0680		Health	Healthcare serving low income uninsured adults in suburban Cook Co. and parts of Chicago (waiting list 4/2010)
ALL KIDS (IL Dept. of Healthcare and Family Services)	www.allkids.com	1-866-255-5437		Health	Health insurance coverage for IL. Children 18 or younger, premium depends on family income
Chicago Dental Society	www.cds.org/find_a_dentist/clinics.html	1-312-836-7300	various locations	Health	List of free and sliding scale clinics in Chicago Metro area with contact info and brief description
Community Health Clinic	www.communityhealth.org	1-773-395-9900	2611 W. Chicago Ave. Chicago, IL 60622	Health	Largest free clinic in IL, serving Chicago area residents who have no insurance
Compassionate Care Network	www.ccnchicago.com	1-773-775-3600	Various locations	Health	Primarily Muslim physician org. that provides health screenings and affordable health care for the uninsured. Flat rates, small enrollment fee/mo., waived for hardship cases. Physician services, lab and imaging.

Community Resources

Cook County Dept. of Public Health- North District Office	www.cookcountypublichealth.org	847-818-2860 (N. District Office)	3rd District Court Building 2121 Euclid Ave. Rolling Meadows, IL	Health	Information on clinical services, STDs, immunizations, community health and more-by appointment
Health Benefits for Workers with Disabilities	www.hbwdisillinois.com	1-800-226-0768		Health	Program provides comprehensive healthcare coverage for workers with disabilities. Must meet income requirements and monthly premium based on income.
Illinois Breast and Cervical Cancer Program	www.cancerscreening.illinois.gov	1-888-522-1282		Health	Provides free mammograms, breast and pelvic exams, pap tests and treatment to all uninsured IL. Women ages 35-64, regardless of income
Illinois Cares Rx	www.illinoiscaresrx.com	1-800-252-8966		Health	Offers, IL. low income seniors and the disabled, prescription assistance for out of pocket expenses and Medicare Part D gaps
Illinois Comprehensive Health Insurance Plan	www.chip.state.il.us	1-866-851-2751		Health	State program for eligible IL. residents who are unable to obtain private health insurance due to a medical condition (not low cost insurance)
Illinois Department of Healthcare and Family Services	www.hfs.illinois.gov	1-217-782-1200 (Springfield, IL number)		Health	Provides access to healthcare coverage and child support enforcement
Illinois Dept. of Public Health	www.idph.state.il.us	Springfield: 1-217-782-4977		Health	Access to Illinois Hospital Report and health information and hotlines
Illinois Dept. of Public Health-immunizations	www.idph.state.il.us/about/shots.htm	1-800-526-4372		Health	Immunization information

Community Resources

Illinois FamilyCare	www.familycareillinois.com	1-866-255-5437		Health	Health insurance for parents and certain caretaker relatives living with children 18 and under in IL.
Illinois Healthcare Portal	http://health.illinois.gov			Health	State of Illinois one stop source for healthcare needs. Connects you to the state health benefit programs
Illinois Healthy Women	www.illinoishealthywomen.com	1-800-226-0768		Health	Covers family planning/birth control for IL. Women ages 19-44 and income level req.
Illinois Rx Buying Club	www.illinoisRxBuyingClub.com	1-866-215-3463		Health	prescription savings for IL residents that meet income requirements
Maternal Child Health Case Management Program (MCH)	www.firmancs.org	1-847-222-1200	1855 Rohlwing Road, Suite A Rolling Meadows, IL 60008	Health	Assist Pregnant women and infants up to one year. Scheduling and referrals to healthcare and other services. All services free for those qualifying.
Meier Pharmacy	www.meijer.com/pharmacy	1-847-690-1210 (RM)	Rolling Meadows Location: 1301 Meijer Drive Rolling Meadows, IL 60008	Health	Free 14 day supply of selected generic antibiotics, free metformin (diabetes) and selected prenatal vitamins with doctor's prescription.
New Beginnings Prenatal Program	www.reshealth.org	1-847-813-3040	Holy Family Medical Center 100 North River Road Des Plaines, IL	Health	Assistance, programs, and health care for pregnant women eligible for public aid
Northwest Community Hospital Mobile Dental Clinic	www.nch.org/community/benefit/mobile_dental.php	Township: EG-847-437-0300 Pal.-847-358-6700		Health	Dental care to Elk Grove, Palatine and Wheeling Townships. Income guidelines and possible fee.
Northwest Community Hospital-Financial Assistance	www.nch.org/community/benefit	1-847-618-4542	800 West Central Road Arlington Heights, IL 60005	Health	Help with hospital bills, insurance claims, financial assistance, or charity care

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Northwest Community Hospital-Health Connection	www.nch.org/patients/health-connections	1-847-618-4968	801 West Central Road Arlington Heights, IL 60005	Health	Help find a doctor, geriatric service information, support group options, classes etc.
Pharmaceutical Companies				Health	Check each company's website to see if they offer drug cost assistance
Prescription Discount Card-City of Rolling Meadows	www.caremark.com/nlc	1-888-620-1749		Health	Savings Cards available in copy center at Rolling Meadows Library. 20% discount on prescriptions not covered by insurance. Accepted at most pharmacies.
Promotoras de Salud's spanish classes from Northwest Community Hospital		Hubs: 1-847-506-4930 (Mt. Prospect) 847-776-9500 x 0 (Palatine)	Hubs: Community Connections Center 1711 W. Algonquin Mt. Prospect, IL or Palatine Opportunity Center 1585 N. Rand Road Palatine, IL	Health	Monthly Spanish classes: "Well Child" "Nutrition, Diabetes, and Health" "Healthy Relationships"
Response Teen Clinic	www.responsecenter.org	1-847-955-9313	Northwest region: 16595 Easton Ave. Prairie View, IL 60069	Health	Support for teens and their families through counseling and sexual health services in teen friendly environment.(Jewish Federation of Metro.Chicago program)
Rx for Illinois	www.Rxforillinois.org	1-877-793-6745		Health	Central clearinghouse for eligible patients to access prescription drugs for free or at discounted rate through hundreds of patient assistance programs. No cost to participate.
Veterans Care	www.illinoisveteranscare.com	1-877-483-8779		Health	Health insurance for uninsured IL. Veterans
Wellness Place (Palatine)	www.wellnessplace.org	1-847-221-2400	1619 W. Colonial Pkwy Palatine, IL 60067	Health	Programs and support services for families living with cancer- Free

Community Resources

Center of Concern (Home Sharing)	www.centerofconcern.org	1-847-823-0453	Center of Concern 1580 N. Northwest Hwy, Suite 310 Park Ridge, IL 60068	Housing	Nonprofit social service agency providing housing solutions, support services and counseling for Seniors, Disabled and others in need.
Home of the Sparrow	www.homeofthesparrowillinois.org	1-815-444-1660	Home of the Sparrow Inc. 6213 Factory Road, Suite A Crystal Lake, IL 60015	Housing	Provides housing and supportive services to women and children who are homeless in northern IL
Journeys from PADS to HOPE	www.padstohope.org	1-847-963-9163 x17	1140 E. Northwest Hwy. Rosaline, IL 60074	Housing	Serves individuals in the NW suburban Cook County who are homeless or at risk of becoming homeless. Offers array of psychosocial services, vocational rehabilitation and housing assistance. Food, clothing, transportation, medical.
Low Income Home Energy Assistance Program(LIHEAP) (Contact CEDA Northwest)	www.cedanorthwest.org	1-847-392-2332	CEDA Northwest 1300 W. Northwest Highway Mount Prospect, IL	Housing	Energy bill assistance for low income residents
Universal Telephone Assistance Programs- Link-Up and Lifeline.	www.linkupillinois.org	Call your telephone company- AT&T-1-888-256-5378 Verizon-1-800-483-4000		Housing	Help for low income individuals and families to obtain local telephone service
Weatherization Program for Low-Income IL. Families (IHWAP)(Contact CEDA Northwest)	www.cedanorthwest.org	1-847-392-2332	CEDA Northwest 1300 W. Northwest Highway Mount Prospect, IL	Housing	Weatherization program for low-income IL. Families
WINGS (Women in Need Growing Stronger)	www.wingsprogram.com	1-847-519-7820	P.O. Box 95615 Palatine, IL 60095	Housing	Comprehensive care and support for homeless or abused women and women with children

Community Resources

Ark	www.arkchicago.org	1-773-973-4362	The Ark 6450 N. California Ave. Chicago, IL 60645	Human Services	Free social and medical services for the Chicago metro area's Jewish residents who are in need
Camelot Care Centers		1-630-773-1985	450 E. Devon Avenue Suite 285 Itasca, IL 60143	Human Services	Recruite foster parents and provide services for kids needing specialized foster care
Catholic Charities North/Northwest Regional Services	www.catholiccharities.net	1-847-376-2100	1717 Rand road Des Plaines, IL 60016	Human Services	Provides a full array of services for clients in need of urgent basic human needs and assistance. Health, food, legal, adoption, seniors, employment, homeless services and more.
CEDA Northwest	www.cedanorthwest.org	1-847-392-2332	CEDA Northwest 1300 W. Northwest Highway Mount Prospect, IL	Human Services	Assistance for child care, fathers, education, employment and energy assistance, financial literacy, food, health and nutrition, housing and financial assistance, includes Head Start and Early Head Start (disabled also)
Choices for Care in Illinois	www.state.il.us/aging	1-800-252-8966 (Senior Helpline)	State of Illinois Dept. on Aging 421 East Capitol Ave., #100 Springfield, IL 62701	Human Services	Program to help families discover their options for long-term care. Trained professional provides free consultation to assess needs, review options and costs and assist in developing care plan. Open to anyone age 18 or older seeking long-term care services.

Community Resources

Elk Grove Township	www.elkgrovetownship.com	1-847-437-0300	2400 S. Arlington Heights Rd. Arlington Heights, IL 60005	Human Services	General and emergency assistance, food pantry, Access to Care, Mobile Dental Clinic, Salvation Army Service Ext., Community Health Nurse, and more.
Grandparents Raising Grandchildren in Illinois	www.state.il.us/aging/1intergen/grg.htm	1-800-252-8966 (Senior HelpLine)	Illinois Department on Aging 421 East Capitol Ave., #100 Springfield, IL 62701	Human Services	Provides support groups, information and referral assistance and respite care
Hamdard Center	www.hamdardcenter.org	1-630-835-1430	Main Suburban Office: 228 east Lake Street Addison, IL 60101	Human Services	Social and health services agency for the South Asian, Middle Eastern, and Bosnian communities in IL.
High School District 214 Community Education (SNAP-Supplemental Nutritional Assistance Program)	www.d214.org/community_education	1-847-718-7925		Human Services	Assistance, by appointment, with requests for food stamps
Home of the Sparrow	www.homeofthesparrowillinois.org	1-815-444-1660	Home of the Sparrow Inc. 6213 Factory Road, Suite A Crystal Lake, IL 60014	Human Services	Provides housing and supportive services to women and children who are homeless in northern IL
Illinois Department of Human Services Community Resource Center (Northern Cook Co., 60008 area)		1-847-745-3200	8020 St Louis Ave Skokie, IL 60076	Human Services	One stop centers for cash and medical assistance, food stamps, and job services
Illinois Department of Human Services helpline	www.dhs.state.il.us	1-800-843-6154		Human Services	Help with housing, food, substance abuse, medical, disabilities and more. TANF Program(temporary assistance for needy families)
Illinois Department of Human Services- New Intake only		1-847-843-1400	Schaumburg Township One Illinois Blvd. Hoffman Estates, IL 6-169	Human Services	Only for New Intakes, otherwise Skokie office
Jewish United Fund/JF Northwest Suburban	http://www.juf.org/about_juf	1-312-444-2812		Human Services	JUF funds network of agencies and programs to care for people at every stage of life, regardless of ability to pay or faith

Community Resources

Lutheran Child & Family Services	www.lcfs.org	1-800-363-5237		Human Services	Statewide social service agency serving all faiths and races. Adoption, foster care, counseling and referral, wide range of community programs.
Maternal Child Health Case Management Program (MCH)	www.firmancs.org	1-847-222-1200	1855 Rohlwing Road, Suite A Rolling Meadows, IL 60008	Human Services	Assist Pregnant women and infants up to one year. Scheduling and referrals to healthcare and other services. All services free for those qualifying.
New Beginnings Prenatal Program	www.reshealth.org	1-847-813-3040	Holy Family Medical Center 100 North River Road Des Plaines, IL	Human Services	Assistance, programs, and health care for pregnant women eligible for public aid
Palatine Township- General Assistance Services	www.palatinetownship.com/human-services	1-847-358-6110	722 south Quentin Road Palatine, IL 600067	Human Services	Financial assistance, food pantry, heating bill assistance, pulic aid assistance, mobile dental clinic and referral info. By appointment and verification req.
PHD (Society for the Preservation of Human Dignity)	www.sphd.org	1-847-359-4919	PHD 37 North Plum Grove Road Palatine, IL 60067	Human Services	Counseling and support for women and families facing pregnancy and parenting
Schaumburg Township	www.schaumburgtownship.org	847-884-0030	One Illinois Blvd. Hoffman Esttes, IL 60171	Human Services	Transportation and assistance to permantly disabled. Emergency assistance to residents who meet income/asset guidelines.
Take the First Step (Teen parenting in District 214)		1-847-718-5713 1-847-951-4853 (cell)	Joanne Bratta Rolling Meadows High School 2901 Central Road Rolling Meadows, IL 60008	Human Services	Teen parenting program of District 214, provides information on pregnancy, labor and delivery, and parenting. Provides free taxi services to classes and babysitting.

Community Resources

Immigration and Naturization Services Catholic Charities Northwest Regional Services	www.catholiccharities.net	1-847-375-8831 (Wed. & Fri.)	Maryville Academy Campus Mulcahey Building 1150 N. River Road Des Plaines, IL	Immigration Services	Accredited program providing assistance with lawful permanent residency and naturalization. Legal info and form assistance.
Carples Referrel Program	www.carpls.org	1-312-738-9200		Legal	Front door for legal aid services in Cook County. Helps low income families find legal answers. If in-court representation needed then gives referral to full-service legal aid agency if possible. Free to low-income, others fee.
Chicago Area Pro bono providers (IL. Attorney General)	www.illinoisattorneygeneral.gov/about/probono.html			Legal	Website lists law schools, bar associations, and nonprofit org. that may be able to help those unable to afford legal services.
Illinois Attorney General-hotlines and helplines	www.illinoisattorneygeneral.gov/about/hotlines.html		Chicago Main Office: Attorney General 100 West Randolph St. Chicago, IL 60601	Legal	Consumer Fraud, Identity Theft and more
Illinois Legal Aid	www.illinoislegalaid.org			Legal	Online legal information
Palatine Nurses Club Lending Closet		1-847-934-3016 847-359-7650	Palatine Nurses Club 200 E. Wood St., Rm. 266 Palatine, IL.	Lending Closet	Call first. Palatine Township residents only. Wheelchairs, Crutches, Walkers, Commodes, Bath Seats and Benches. Wed.&Sat. 10-11:30.
Trinity Lutheran Church Lending Closet		1-847-398-7122 1-847-392-3088	Trinity Lutheran Church 3201 Meadow Drive Rolling Meadows, IL 60008	Lending Closet	Call first and leave a message. Lend Wheelchairs, canes, crutches, walkers, commodes

Community Resources

Alexian Brothers Center for Mental Health	www.alexiancenter.org	1-847-952-7460	3350 Salt Creek Lane, #114 Arlington Heights, IL 60005	Mental Health	Child, adolescent and adult care. 24 hour crisis intervention. Accepts Medicaid, Medicare and Allkids. Sliding fee scale for Wheeling and Palatine township residents
Kenneth Young Center	www.kennethyoung.org	1-847-524-8800	1001 Rohlwing Rd. Elk Grove Village, IL 60007	Mental Health	Mental health services, family counseling and senior support services for Elk Grove Township and Schaumburg Township
Northwest Community Hospital- Mental Health Services	www.nch.org/medical-services/mental-health/index.php	1-847-618-4100		Mental Health	Resources and support for wide range of psychiatric, emotional, substance abuse and other mental health problems- adults and adolescents
SASS CARES for KIDS	www.hfs.illinois.gov/sass/hfs3838.html	1-800-345-9049	Illinois Department of Healthcare and Family Services	Mental Health	Serves children experiencing a mental health crisis
Chicago Rape Crisis Hotline		888-293-2080		Rape	Chicago area (will serve Rolling Meadows residents)
Electronic Recycling	www.gazelle.com			Recycling	Gazelle is an environmentally conscious electronics trade-in program
Electronic Recycling	www.e-Stewards.org			Recycling	E-stewards links to trusted recycling programs.
EPA- Plug in to eCycling	www.epa.gov/osw/partnerships/plugin			Recycling	Provides links to store and manufacturing partner's recycling programs
Solid Waste Agency of Northern Cook County (SWANCC)	www.swancc.org	1-847-724-9205	Various sites	Recycling	Provides options for safe recycling of garbage challenges (hazardous household waste, computers, etc.)

Community Resources

50 Plus Computer Learning Center	www.50pluscomputers.org	1-847-991-1112	Classes at: CCSD 15 Administration Bldg. 580 First Bank Drive Palatine, IL 60067	Senior Services	Hands on computer classes for seniors using trained volunteers. Fee for classes. Registration mailed to separate address.
AgeOptions	www.ageoptions.org	1-800-699-9043	Check website for local contact information	Senior Services	Not-for-profit organization that connects adults over 60 and their caregivers with resources and service options. Senior Community Service Employment Program agency (paid training)
Arlington Heights Senior Center	www.vah.com/departments/senior_center	1-847-253-5532	1801 West Central Road Arlington Hts., IL 60005	Senior Services	Made up of 8 individual agencies with their own service area and some receive fed. funding. No residency restrictions except lending closet (only AH). No dues but some program fees.
Caregiver Resource Center- Catholic charities		1-847-253-5500	Northwest Senior Services 1801 W. Central Road Arlington Heights, IL 60005	Senior Services	Caregiver Support Group, Educational programs, Respite care
Caregiver Support Program (AgeOptions)	www.suburban-age.org	1-800-699-9043	AgeOptions Area Agency on Aging of Suburban Cook County 1048 Lake Street, Suite 300 Oak Park, IL 60301	Senior Services	Help those caring for older adults, connect with available resources. Associated with local services, such as Catholic Charities NW Senior Services, AH (1-847-253-5500)

Community Resources

Catholic Charities: Northwest Senior Services	www.catholiccharities.net/ccnw	1-847-253-5500	1801 W. Central Road Arlington Heights, IL 60005	Senior Services	Help older adults remain independent in their own homes and to enhance the quality of their lives. Advocate, care coordination, elder abuse issues, relatives raising children, information assistance and respite care. Serves Barrington, Palatine, Hanover and Wheeling Townships
Choices for Care in Illinois	www.state.il.us/aging	1-800-252-8966	State of Illinois Dept. on Aging 421 East Capitol Ave., #100 Springfield, IL 62701	Senior Services	Program to help families discover their options for long-term care. Trained professional provides free consultation to assess needs, review options and costs and assist in developing care plan. Open to anyone age 18 or older seeking long-term care services.
Community Care Program	www.state.il.us/aging	1-800-252-8966	Call for information and referral to appropriate local agency	Senior Services	Program designed to help you remain independent, in your own home when possible. In-home services, Adult Day Service, Emergency Home Response, Flexible senior services, senior companions. Cost based on income and other factors.
Community Nutrition Network (Meals on Wheels)	www.cnnssa.org	1-847-cnnssa.org	various locations	Senior Services	Call to find your area's agency (Rolling Meadows-Catholic Charities NW Senior Services- 847-253-5500)

Community Resources

Elder Abuse Hotline		1-866-800-1409		Senior Services	Report suspected elder abuse and neglect
Escorted Transportation Service Northwest	www.etsnw.org	1-847-222-9227	Arlington Heights Senior Center 1801 West Central Road Arlington Heights, IL 60005	Senior Services	Provides reliable volunteer based transportation for older adults for health related appointments (part of Arlington Heights Senior center).
Illinois Department on Aging	www.state.il.us/aging	1-800-252-8966 (Senior Helpline)		Senior Services	Serve and advocate for older Illinoisians and their caregivers, through programs and partnerships. Senior legal assistance, grandparents raising grandchildren and a directory of org. serving seniors
Illinois Senior Medicare Patrol Program (SMP) (AgeOptions)	www.illinoissmp.org	1-800-699-9043	thru various agencies	Senior Services	Empowers consumers to prevent healthcare fraud and assist with medicare and medicaid. Funding from U.S. Administration on Aging.
Kenneth Young Center	www.kennethyoung.org	1-847-524-8800	1001 Rohlwing Rd. Elk Grove Village, IL 60007	Senior Services	Mental health services, family counseling and senior support services for Elk Grove Township and Schaumburg Township
Palatine Township Transportation Services	www.palatinetownship.com	1-847-358-6700	724 south Quentin Road Palatine, IL 600067	Senior Services	Transportation serving senior citizens and handicapped ind. Also offer subsidized taxi service. Pre-registration and reservations req. Lower cost.

Community Resources

Red Tape Cutters (AgeOptions)	www.ageoptions.org	1-800-699-9043	call for right location or check website	Senior Services	Advocacy program for older adults (60+) to help them get services and benefits. Uses trained volunteers and staff at community based senior service agencies.
Schaumburg Township	www.schaumburgtownship.org	847-884-0030	One Illinois Blvd. Hoffman Esttes, IL 60170	Senior Services	Transportation, recreational programs and assistance (legal-insurance).
Senior Citizens Consumer Fraud Hotline (IL. Attorney General)	www.illinoisattorneygeneral.gov/seniors/index.html	1-800-243-5377		Senior Services	Website provides links to other programs to protect seniors as well as consumer info.
Senior Health Insurance Program (SHIP) (under IL. Dept. of Insurance)	http://insurance.illinois.gov/SHIP	1-800-548-9034		Senior Services	Provides free counseling from trained volunteers to medicare recipients about insurance options
TRIP- Township Riders Initiative Program	www.schaumburgtownship.org/trip.htm	1-847-882-1929	Schaumburg Township One Illinois Blvd. Hoffman Estates, IL 6-169	Senior Services	NW Suburban Cook county program to provide rides for medical purposes only for those over 60 or permanently disabled (includes all RM)
Alcoholics Anonymous	www.aa.org	847-359-3311 (Palatine-RM)		Substance Abuse	Support group for alcoholics
Cocaine Anonymous	www.illinoisca.org	1-773-202-8898	Local meeting sites available from website	Substance Abuse	Support for those recovering from cocaine and all mind altering substances
Family Anonymous	www.familiesanonymous.org	1-800-736-9805	Local meeting sites available from website	Substance Abuse	Support in the recovery from the effects of a loved one's addictions
Narcotics Anonymous	www.na.org		Local meeting sites available from website	Substance Abuse	Asociation and support group for recovering drug addicts
Northern Illinois Alanon/Alateen	www.niafg.org	1-847-358-0338 (NW suburban Cook Co.)	Local meeting sites available from website	Substance Abuse	Help for families of alcoholics

Community Resources

Youth Center at Northwest Comm. Hospital	www.nch.org/medical-services/youth-center/index.php	1-847-618-2700	Youth Center Northwest Community Hospital 901 w. Kirchoff Road 3rd Floor, Building 7 Arlington Heights, IL 60005	Substance Abuse	Comprehensive alcohol and drug assessment at no cost, charge for treatment, provide financial counselor
G-I Loans for Heroes	www.ihda.org	1-800-942-8439		Veteran	Mortgage program to help IL. Veterans and active duty personnel afford their own homes
Illinois Warrior Assistance Program	www.illinoiswarrior.com	1-866-554-4927		Veteran	Assistance for IL. Veterans as they transition back to their lives after serving
Small Business Association's Patriot Express	www.sba.gov/vets			Veteran	Provides business training and counseling for eligible veterans starting or expanding a small business
Veteran Representative at IDES office		1-847-437-5788	723 W. Algonquin Road Arlington Heights, IL 60005	Veteran	Local Veteran Representative
Veterans Care	www.illinoisveteranscare.com	1-877-483-8779		Veteran	Health insurance for uninsured IL. Veterans
Veterans' Service Officers (VSO)	www.state.il.us/agency/dva	1-800-437-9824		Veteran	Provide outreach to veterans and their families, assisting them with their entitlements, compensation and benefits
Volunteer Center of Northwest Suburban Chicago	www.volunteerinfo.net	1-847-228-1320	2121 S. Goebert Rd. Arlington Heights, IL 60005	Volunteer	Connect youth, adults and those fulfilling a court-ordered service term with an opportunity to make a difference.